



**Twila Hayes, Val Marie, SK, Canada**  
Equine Program Coordinator, Canada

Twila is a horse whisperer. She has an active horse and human healing practice in Western Canada and is a expert horsewoman. She has an extraordinary ability to connect with animals and communicate with them sensing their inner dynamics that affect their health and healing.

Following guidance and sensitivity, Twila creates a unique framework to assist animals in their healing process connected to their role with humans and the environment. Her leadership has brought additional expertise and joy to the community.



## Energy Medicine Animal Program™

# Energy Medicine Equine Program

## Description

Energy Medicine Equine Program is part of Energy Medicine for Animals (EMAP) developed by Dr. Mary Jo Bulbrook based on the TYLEM™ program for humans. Transform Your Life through Energy Medicine with active programs in the US, Canada, Australia, Peru, Chile, and South Africa. The program teaches simple and effective ways to help horses maintain health and promote healing while engaged with the horse the helper is helped as well.

## Curriculum

This program is taught in two levels of 2.5 days each and can lead to an EMAP Practitioners with the addition of a practicum and supervised experience working with horses.

## Objectives

Participants will be able to:

- Describe the animal and human energy systems.
- Experience the energy system and energy medicine process.
- Demonstration how energy affects humans and horses well-being.
- Explore animal communication including attuning to them to identify what is imbalanced in their energy (soreness, aches, pains, injuries).
- Practice heart connections and other energetic interventions with the horse.
- Balance the horses energy system.
- Describe how the human's behaviors influence the outcome of what is happening with the horse.
- Share their stories about the experience.

## Content

- Describe the energy system and ways to assess it.
- Feel and experience humans and horses energy.
- Practice the energy medicine process and a variety of energetic interventions.
- Share experiences.
- Background of EMAP.
- Describe EMAP practitioners training program.

